

Minnesota Spokes-N-Folks 2017 Bike Rides

Please note this schedule is subject to change, please be sure to check the website at www.mnspokesnfolk.com or Facebook at Spokes-N-Folks for ride updates.

Tuesday Rides, 6:30 pm Start Time

April 4, Elm Creek Trails, Elm Creek Park:

Meet at main pavilion south end of park, Elm Creek Blvd off Hwy 81 in Maple Grove. Ride leader - Wendy Carlsen 612-875-6939

April 11, Mellow Meander:

Meet in Shoreview at Island Lake Park parking lot on Victoria Street and 694. Ride leader - Don Carlsen 612-961-6727

April 18, Big Rivers Regional Trails, St. Paul:

Meet at Harriet Island parking lot by the Jonathan Paddleford. Ride leader - Don Carlsen 612-961-6727

April 25, Coon Creek Ride:

Meet at Activity Center parking lot in Bunker Hills Park, Coon Rapids. Ride leader - Don Carlsen 612-961-6727

May 2, Gateway Trail, North St Paul:

Meet at parking lot about 3 blocks east on frontage road from Hadley Ave & Hwy 36. Ride leader - Mark Carlsen 651-207-9348

May 9, Maple Grove Ramble:

Meet at Weaver Lake School, exit 94 at Weaver Lake Rd, go west to the school. Ride leader - Dan Jones 612-214-4560

May 16, Hopkins to Cedar Lake/Greenway:

Meet at park & ride at Excelsior & 8th street in Hopkins. Ride leader - Dan Jones 612-214-4560

May 23, Rice Creek Trails:

Meet at the pavilion at the top of the hill in Long Lake Regional Park, Old Highway 8 just south of 96 at 35W. Ride leader - Don Carlsen 612-961-6727

May 30, Rush Creek Regional Trail:

Meet at the Coon Rapids Damn (westside) Ride leader - Wendy Carlsen 612-875-6939

June 6, Shoreview DQ Ride:

Meet at Snail Lake Education Center at the corner of Hwy 49 & Hwy 96. Ride Leader - Mary Carlsen 651-261-9214

June 13, Elm Creek Trails, Elm Creek Park:

Meet at main pavilion south end of park, Elm Creek Blvd off Hwy 81 in Maple Grove. Ride leader - Wendy Carlsen 612-875-6939

June 20, River Gorge Ride:

Meet on East River Road at Summit Avenue. Ride leader - Don Carlsen 612-961-6727

June 27, Root Beer Float Ride:

Meet at Bryn Mawr Park, 601 Morgan Ave South near Penn & 394. Ride leader - Dave Hile 763-242-8132 Root Beer floats at Hile's following ride.

July 11, Ice Cream Ride:

Meet at Mahtomedi High School Hwy 244 and Hwy 12 in Mahtomedi. Ride leader - Don Carlsen 612-961-6727

July 18, Circle The Lakes Ride:

Meet at Franklin and Penn Avenue near downtown Minneapolis. Ride leader - Wendy Carlsen 612-875-6939

July 25, Rags to Riches:

Meet at NEW meeting place). Ride leader - Ron Bole 651-483-2401

August 8, Robbinsdale Raspberry Ride:

Meet at Sanborn Park parking lot on Chowen Ave between 42nd & 43rd Streets. Ride leader - Paul Hile 763-537-7566

August 15, Tour de Grove:

Meet at Weaver Lake School. 94 to Weaver Lake Rd, West to school. Ride leader - Wendy Carlsen 612-875-6939

August 22, Gateway Trail/Browns Creek/Loop Trail:

Meet at parking lot about 3 blocks east on frontage road from Hadley Ave & Hwy 36. Ride out to Stillwater and explore the new bike trail that crosses the lift bridge and the new Stillwater bridge. Ride leader - Don Carlsen 612-961-6727

August 29, Mississippi Trails South Ride:

Meet in Brooklyn Park at park and ride at West River Road and 73rd Avenue North. Ride leader - Dave Hile 763-242-8132

September 5, Coon Rapids Dam:

Meet at Elm Creek Park main pavilion south end of park, Elm Creek Boulevard off Hwy 81 in Maple Grove and ride out to the Coon Rapids Dam, Ride leader - Don Carlsen 612-961-6727

September 12, Brooklyn Park Ride:

Meet at River Park - two blocks east of the intersection on West River Road and 83rd Avenue North in Brooklyn Park. Ride leader - Doug Smith 763-242-7946

September 19, Planes, Trains & Automobiles:

Meet at Taft Park in Richfield. Ride leader - Don Carlsen 612-961-6727

Thursday Lunch Rides, 10:00 am Start Time

May 18, Shoreview/Roseville Loop:

Meet at Bicycle Chain, 1712 Lexington Avenue, Roseville, MN. Lunch to follow ride. Ride leader - Ron Bole 651-483-2401

June 8, Surley Brew Pub Ride:

Meet at the new Surley Brew Co. 520 Malcolm Ave SE Minneapolis, MN 55414. Ride out and back, lunch at the pub after the ride. Ride leader - Dave Hile 763-242-8132

August 24, North LRT to Arboretum

Meet at trail head next to 318 Cafe (318 Water Street Excelsior, MN) downtown Excelsior. Ride out to lunch and back. Ride leader - Sandy Brandt 952-237-7382

Thursday Evening Rides, 6:30 pm Start Time

April 20, Land Of Lakes Ride:

Meet at Lake Josephine parking lot, Lexington Avenue at County Road D (22 Miles). Ride leader - Don Carlsen 612-961-6727

May 4, Tater Tour Ride:

Meet at North Hennepin Community College, 7411 85th Ave N, Brooklyn Park, MN 55445 (15 or 25 Miles). Ride leader - Don Carlsen 612-961-6727

June 22, Great Googly Moogly:

Meet at the University of Saint Thomas in St. Paul. Summit Avenue and Cleveland (23 Miles). Ride leader - Wendy Carlsen 612-875-6939

July 27, Watermelon Ride (Traditional Route): Meet at Island Lake Park parking lot in Shoreview at Lexington and Victoria (22 Miles). Ride leader - Don Carlsen 612-961-6727

August 10, Gateway Trail To Stillwater Ride:

Meet at Mahtomedi High School Hwy 244 and Hwy 12 in Mahtomedi (19.5 Miles). Ride leader - Don Carlsen 612-961-6727

Saturday Morning Rides, 9:00 am Start Time

April 8, Breakfast Ride South Route:

Meet at Long Lake Park Parking Lot, 1500 Old Hwy 8, New Brighton, MN 55112 (28 Miles). Ride Leader - Don Carlsen 612-961-6727

April 29, Scandia Ride, 10:00 AM START TIME:

Meet at the activity center parking lot in William O'Brien State Park (fee required) Ride Leader - Don Carlsen 612-961-6727

May 13, Dakota Rail Trail:

Meet at parking lot in Wayzata on Grove and Lake Street (Wayzata Beach) ride out to St. Boni Bistro. Ride Leader - Wendy Carlsen 612-875-6939

June 24, North Branch Express Ride:

Meet at Don Carlsen's house, 4509 Chatsworth Ct. West, Shoreview, MN (33 Miles). Ride Leader - Don Carlsen 612-961-6727

July 29, Spring Break Ride:

Meet at Mendota Plaza, 750 Highway 110 Mendota Heights MN 55120 (30 Miles). Ride Leader - Don Carlsen 612-961-6727

August 26, LRT Trail North Ride:

Meet at park and ride parking lot on Excelsior Boulevard at 8th Street in Hopkins (40 Miles) Ride Leader - Don Carlsen 612-961-6727

Mountain Bike Rides, 10:00 am Start Time

May 20, Elm Creek Park Single Track, Maple Grove:

Meet at parking lot at Hayden Lake Road-north end of park. 10:00 AM start. Good beginner ride!

July 8, Theodore Wirth Park, Golden Valley:

Meet at parking lot south of Theo Wirth Lake off Glenwood Ave. The mountain bike trails are located just west of Theo Wirth Parkway and north of Highway 55. 10:00 AM start.

August 5, Hillside Park, Elk River:

Meet at parking lot at 181st Ave (Co Rd 12) about 1mile East of 169. 10:00 AM start.